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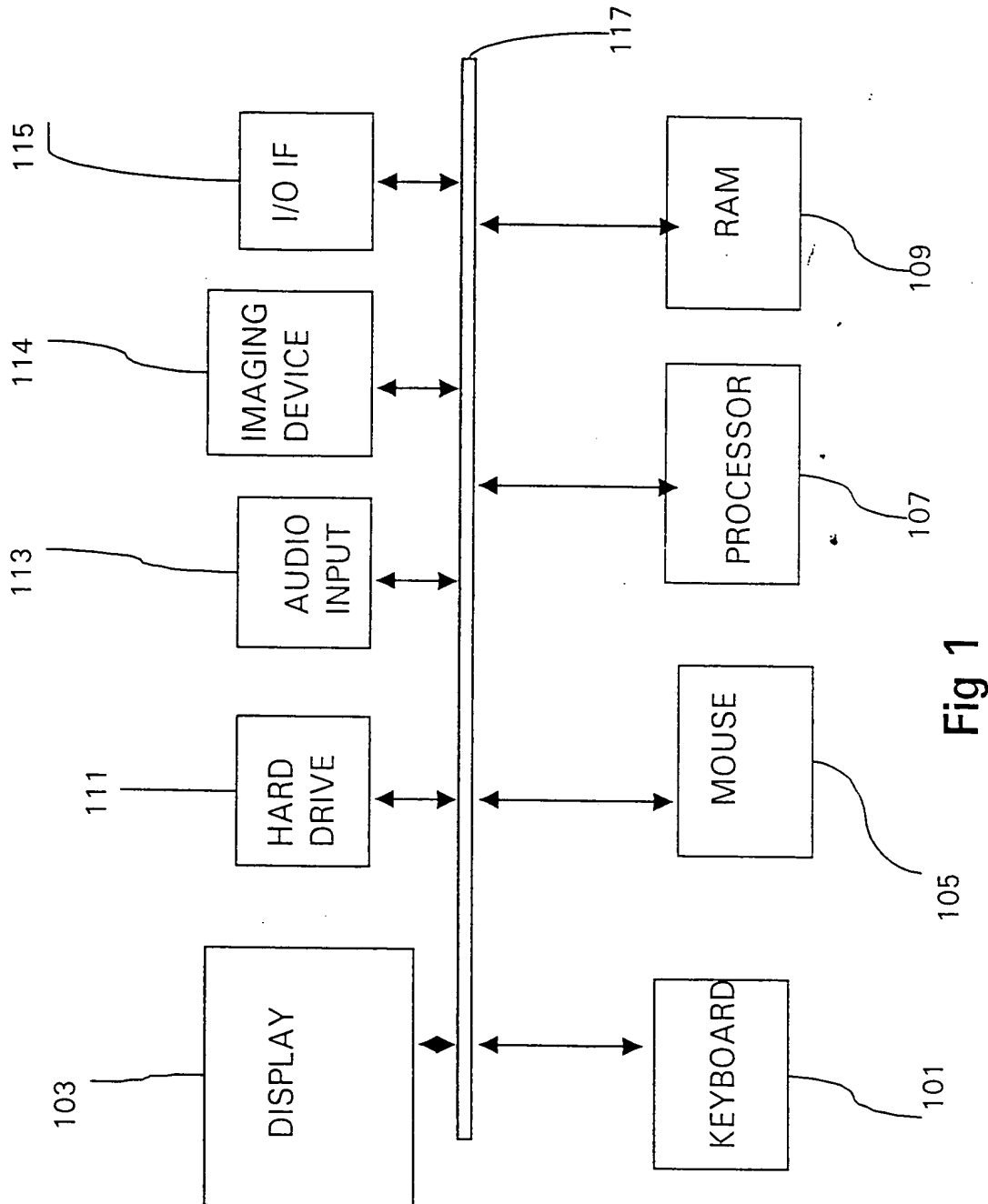


Fig 1

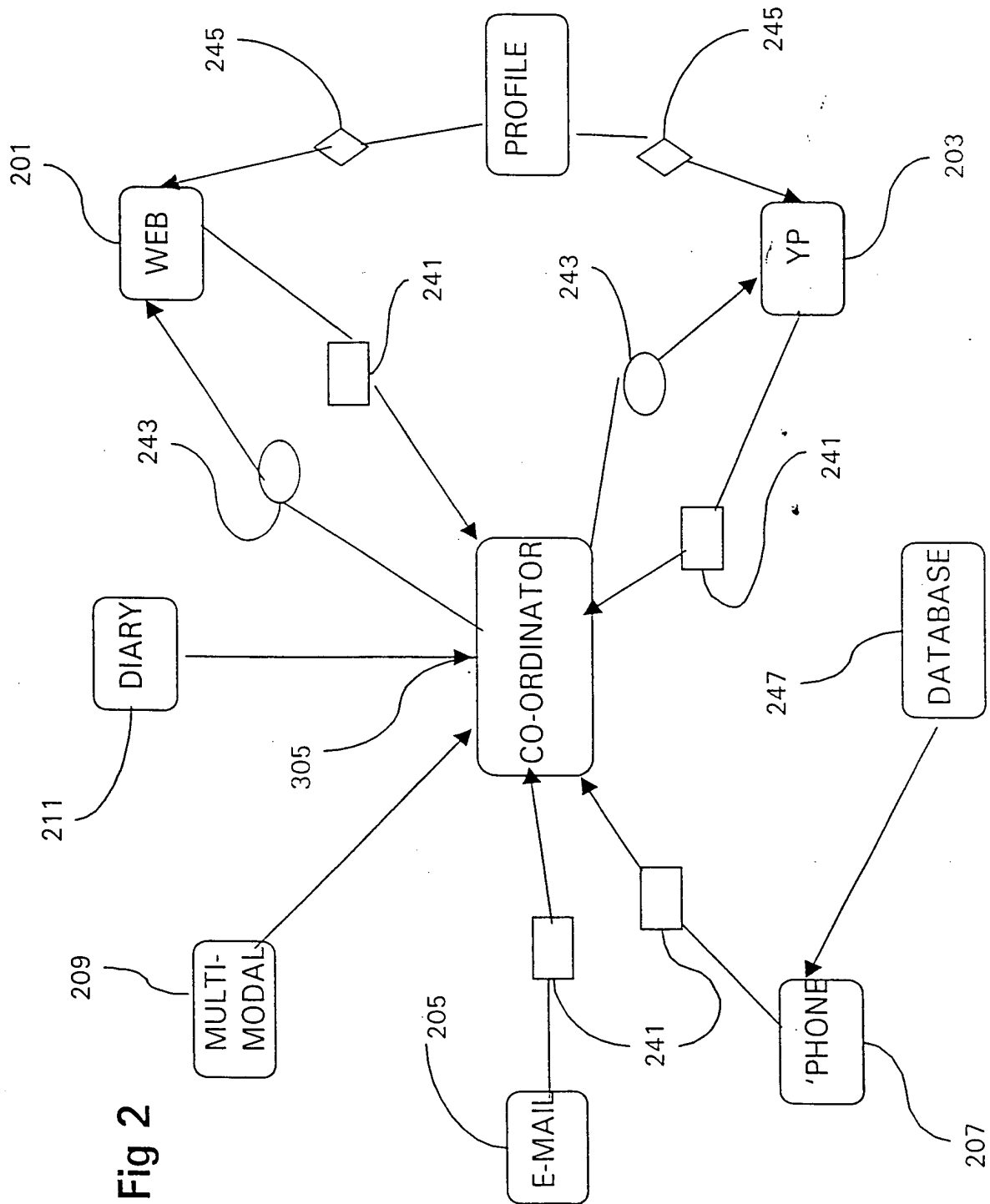
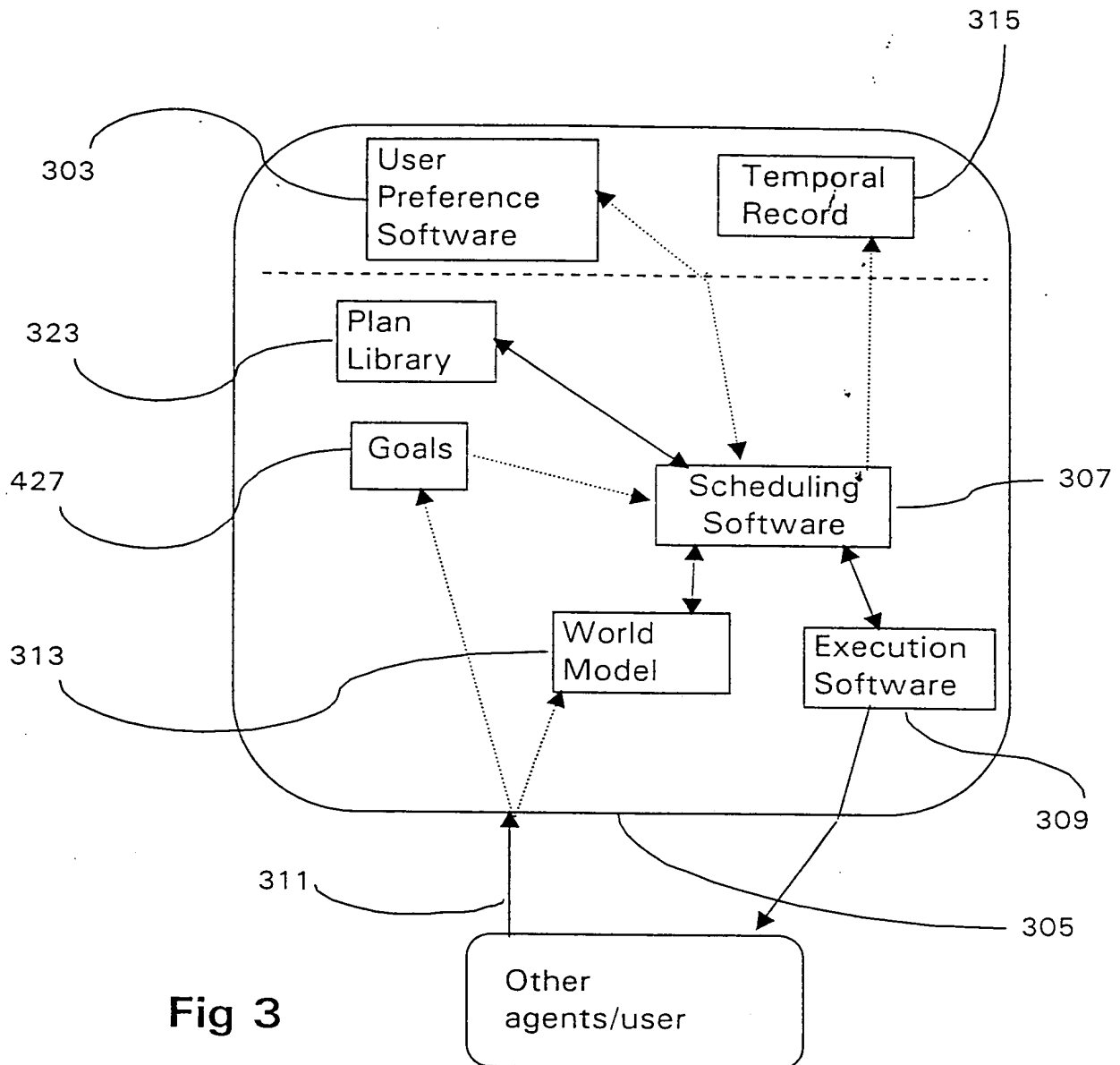


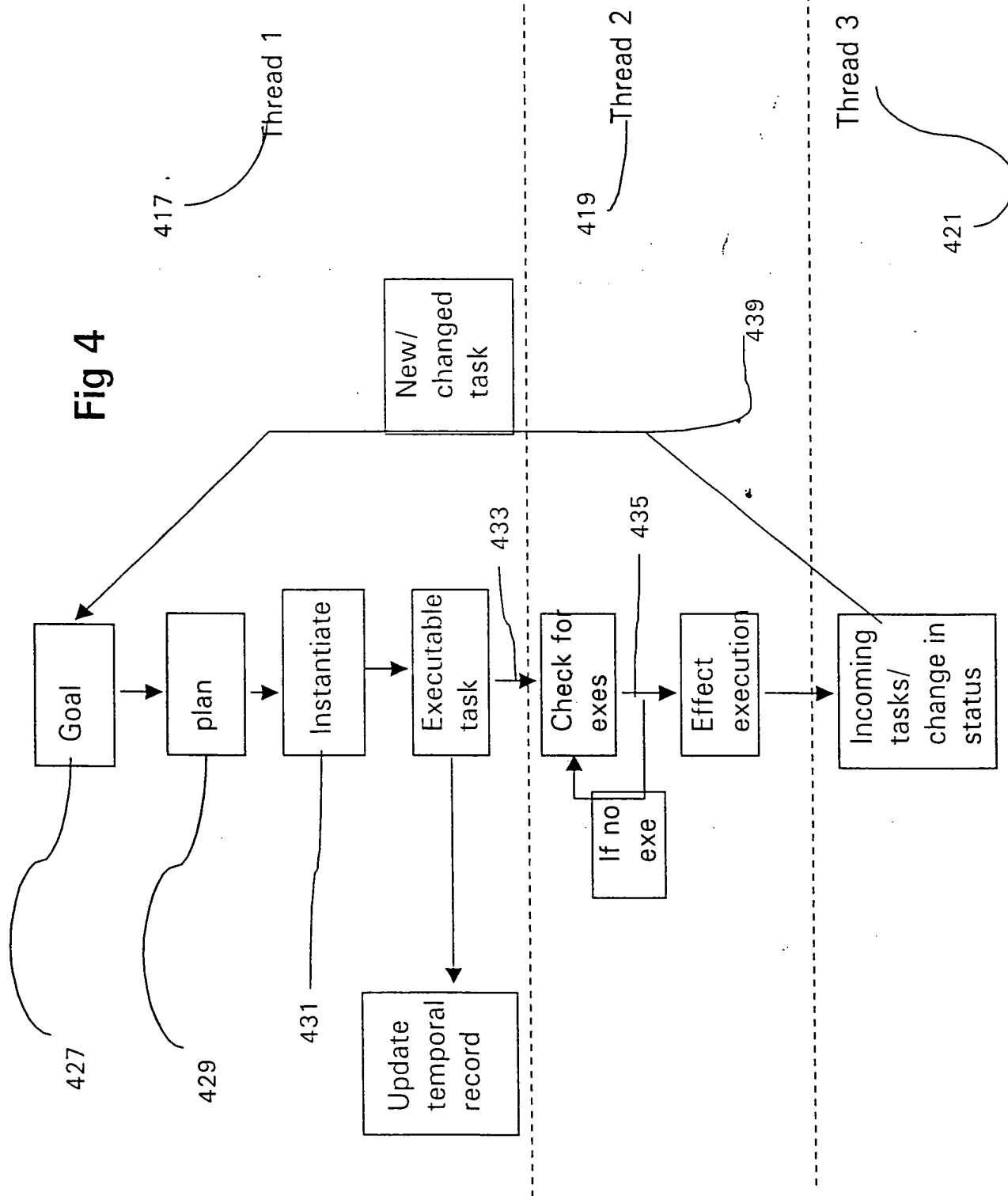
Fig 2

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**Fig 3**

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Fig 4



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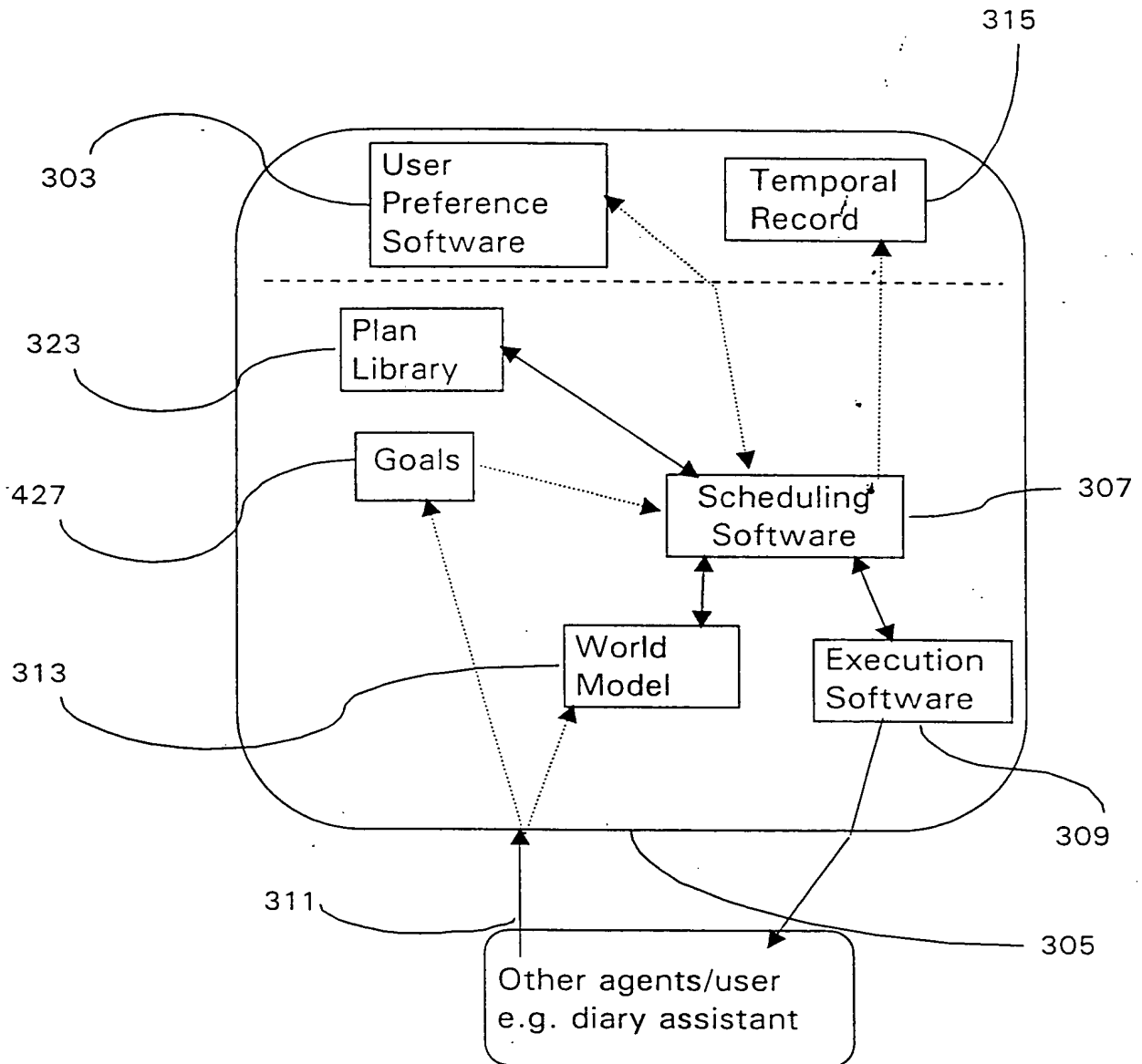
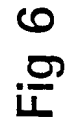


Fig 5



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- Diary Assistant				
Diary		Task		
Schedule	<div>Add Task</div> <div>Edit Task</div> <div>Move Task</div> <div>Delete Task</div>	Thursday 22	Friday 23	<div>Early Morning</div> <div>08:00</div> <div>08:30</div> <div>09:00</div> <div>09:30</div> <div>10:00</div> <div>10:30</div> <div>11:00</div> <div>11:30</div> <div>12:00</div> <div>12:30</div> <div>13:00</div> <div>13:30</div> <div>14:00</div> <div>14:30</div> <div>15:00</div> <div>15:30</div> <div>16:00</div> <div>16:30</div> <div>17:00</div>
To-Do List				
Clear Day				
Save Day				
Load Day				
Save Diary				
12:00				
12:30				
13:00				
13:30				
14:00				
14:30				
15:00				
15:30				
16:00				
16:30				
17:00				
←	←	September 1998		→

Early
Morning

Fig 7

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Time (am)	Fuzzy ranking
8.00	0.75
8.30	1.0
9.00	0.5
9.30	0.25

Early morning

Fig 8

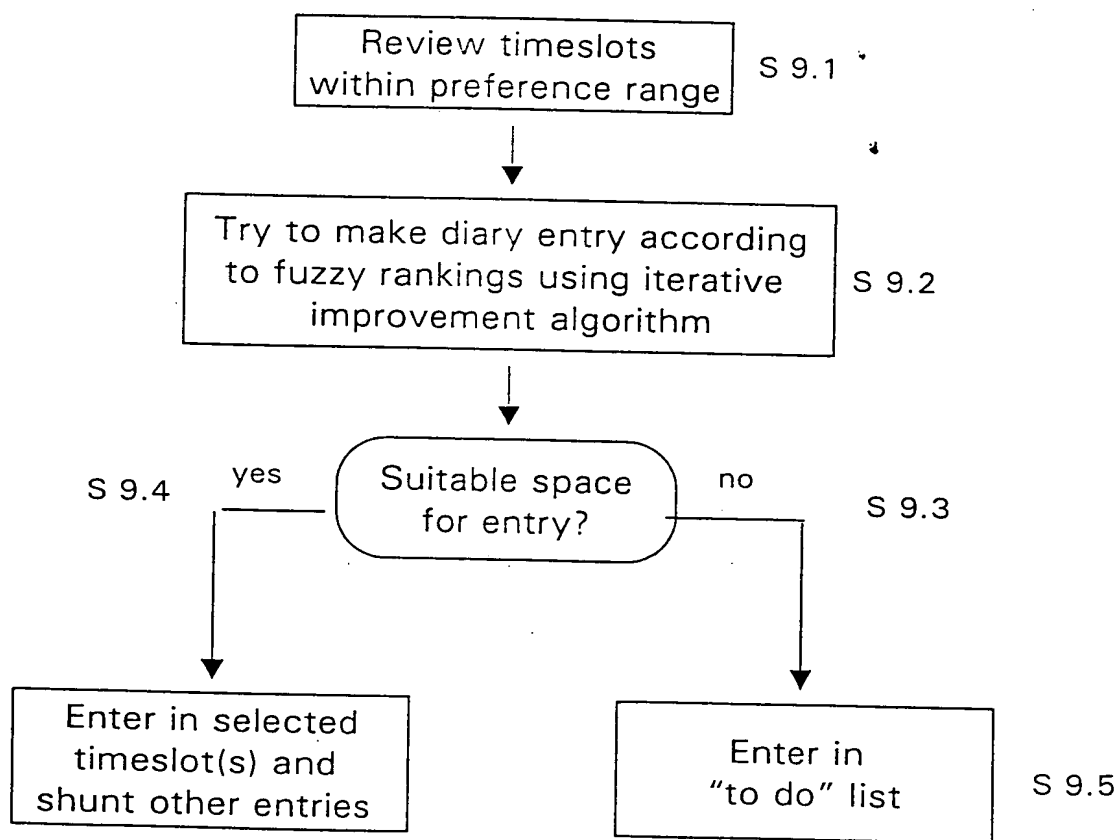


Fig 9

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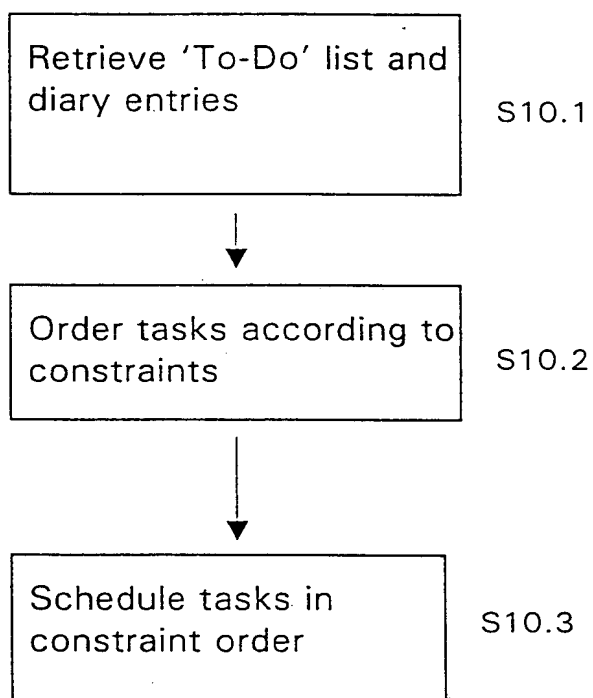


Fig 10

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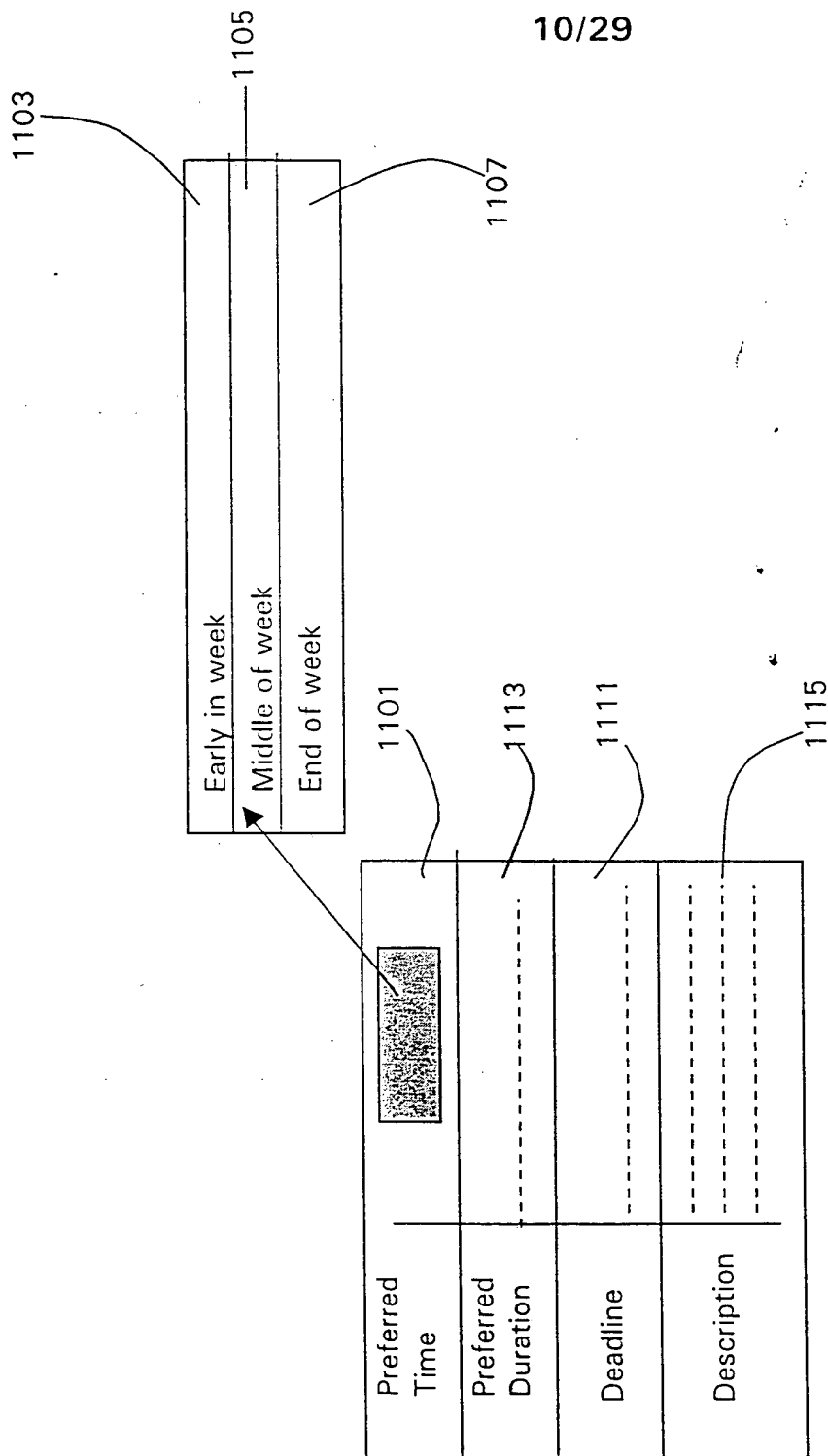
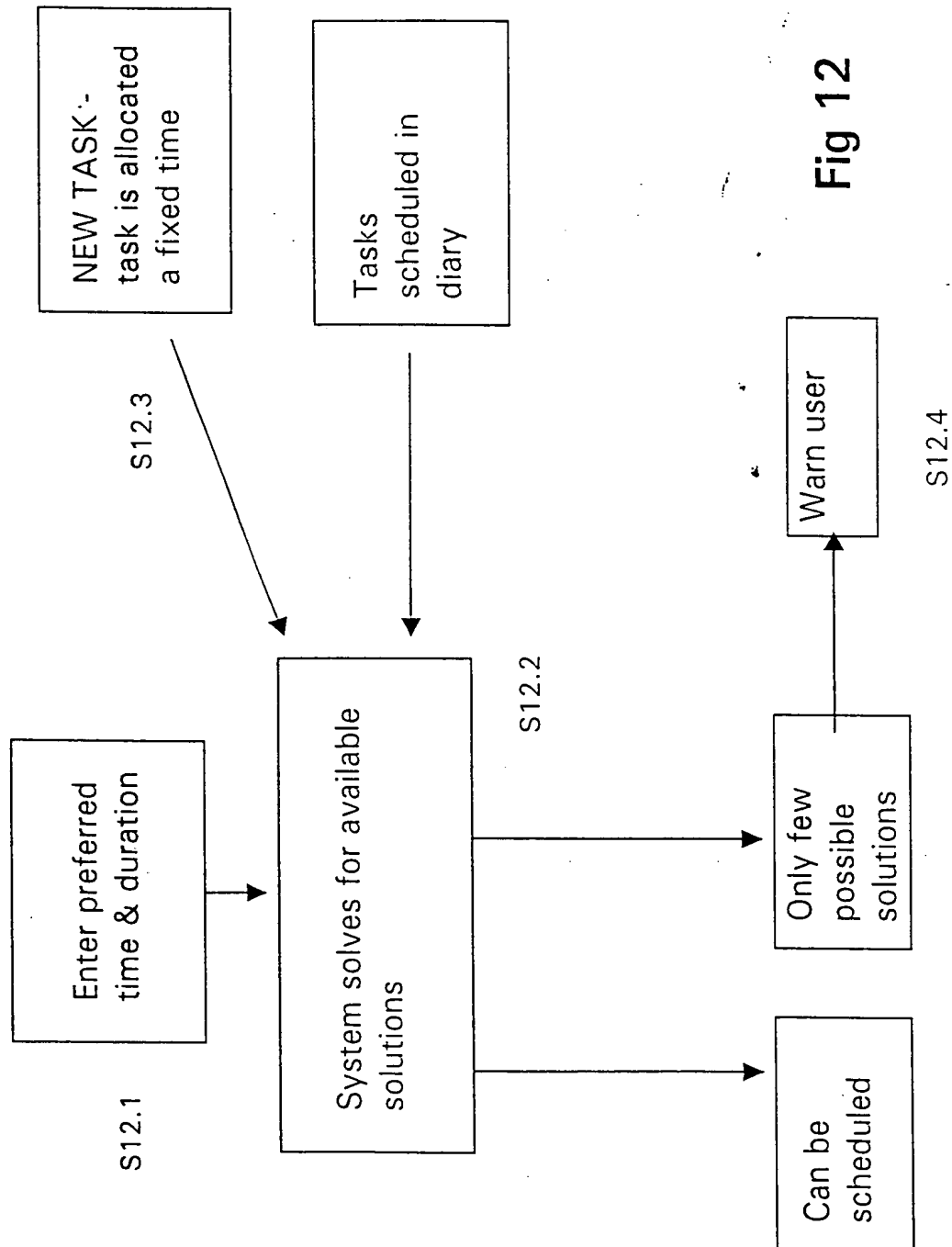


Fig 11

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Fig 13

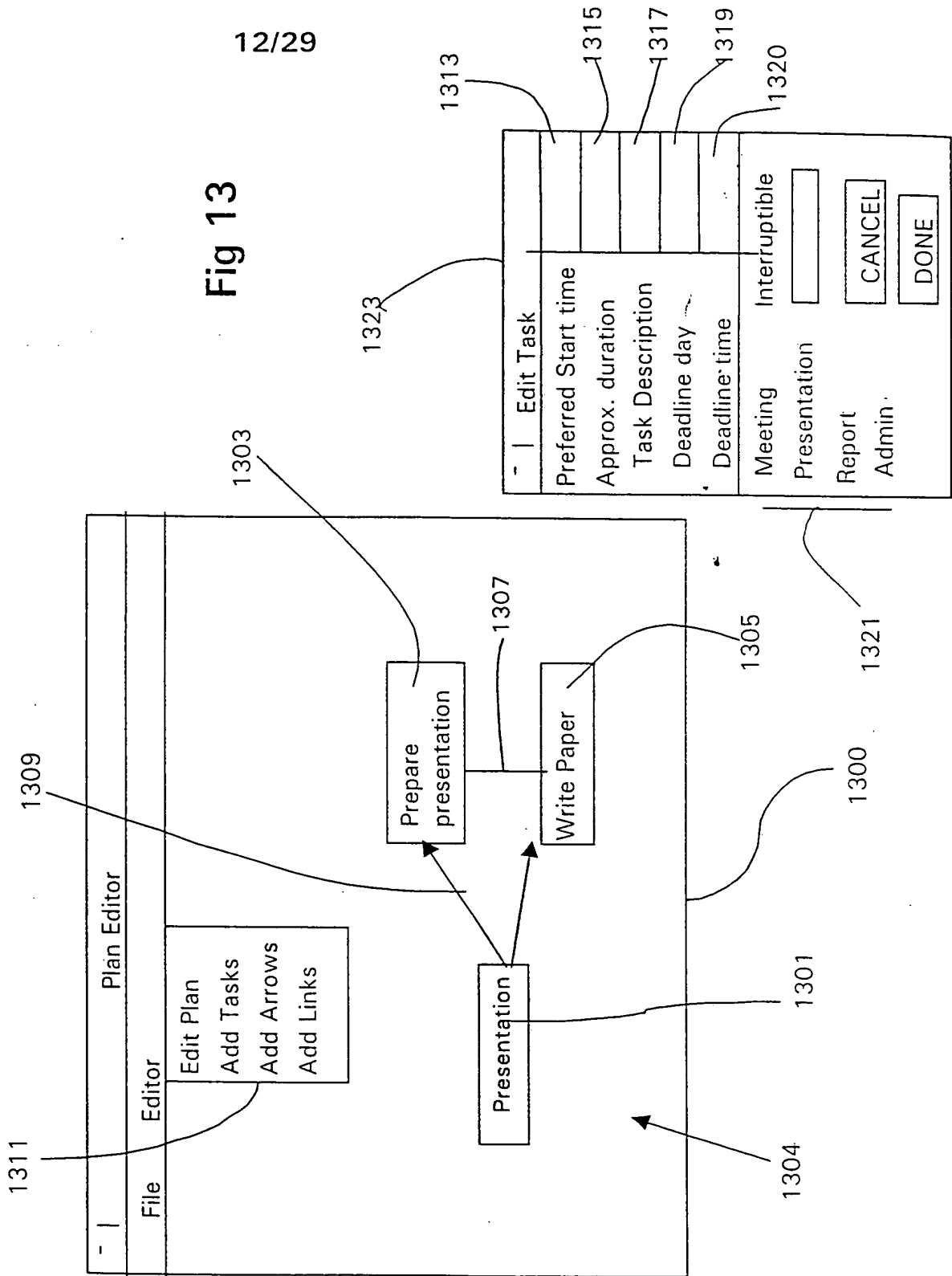
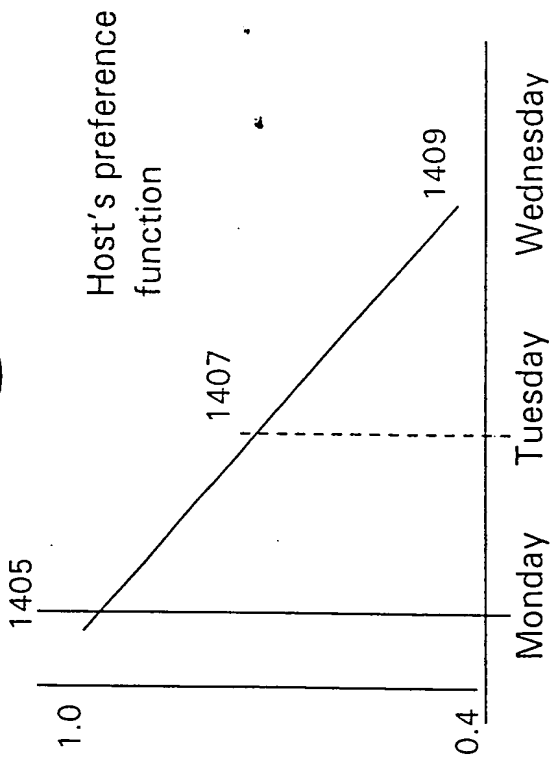
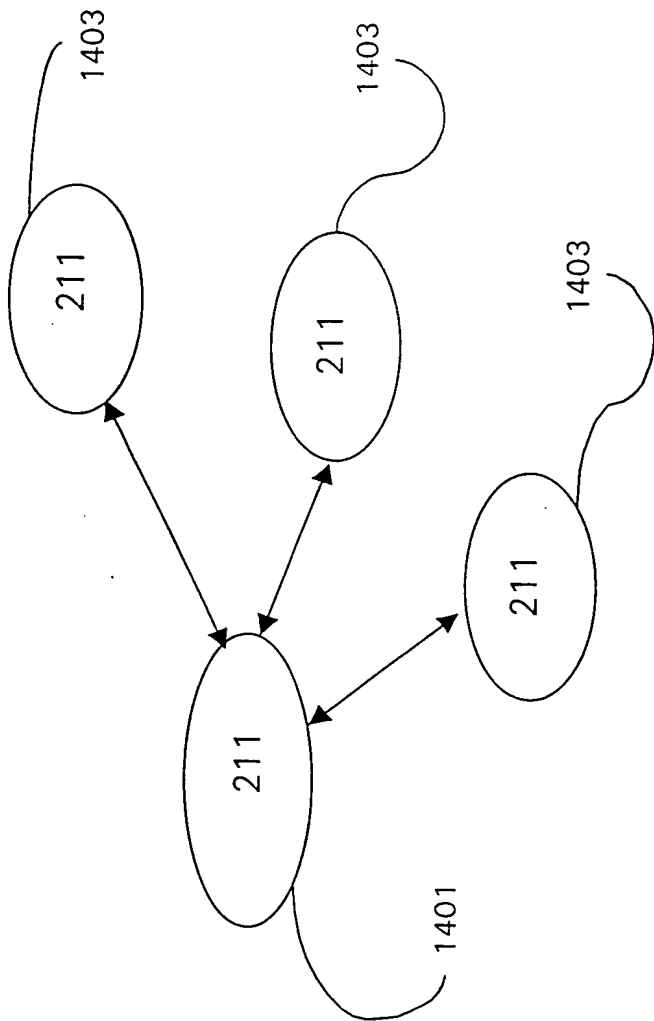
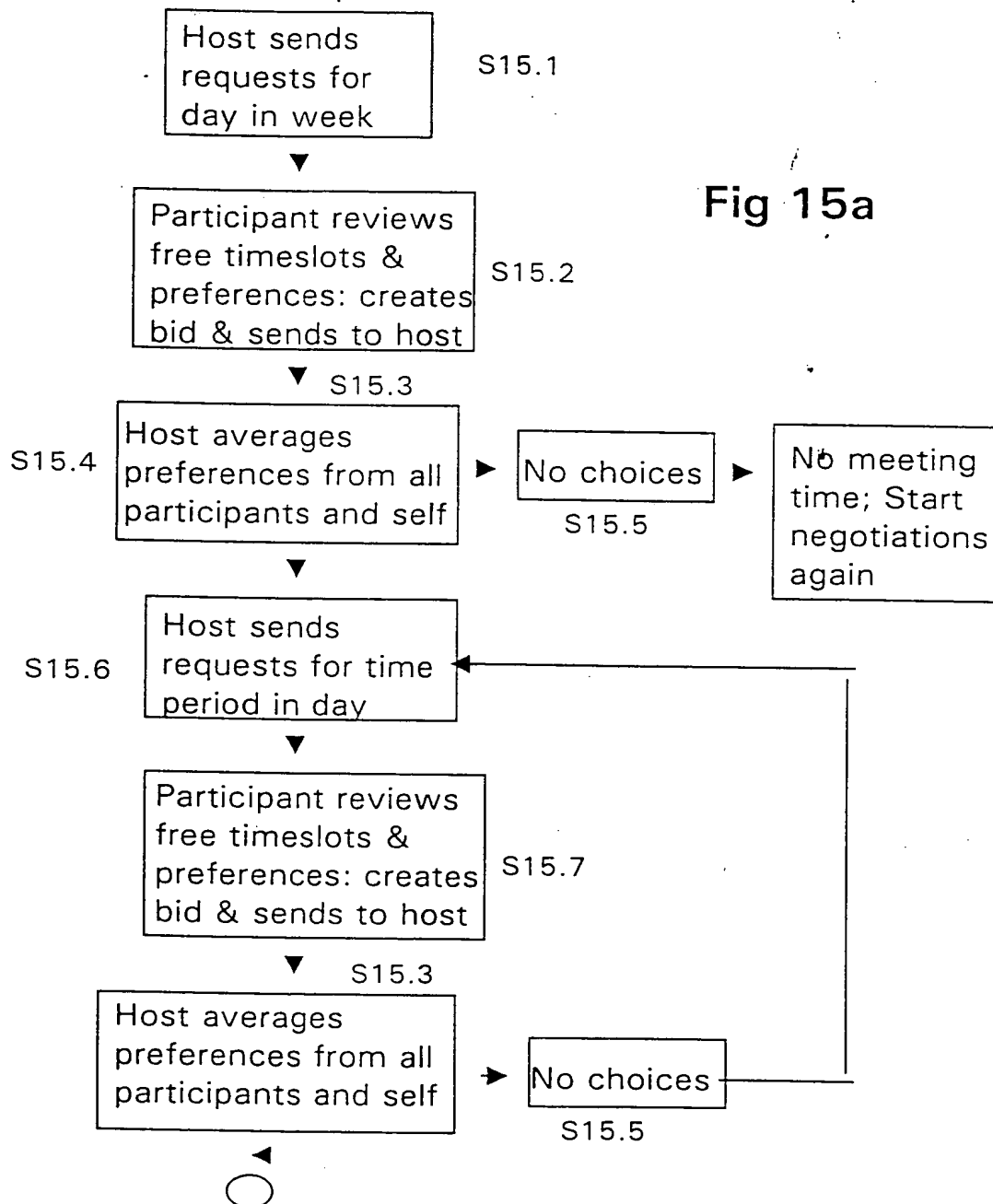


Fig 14



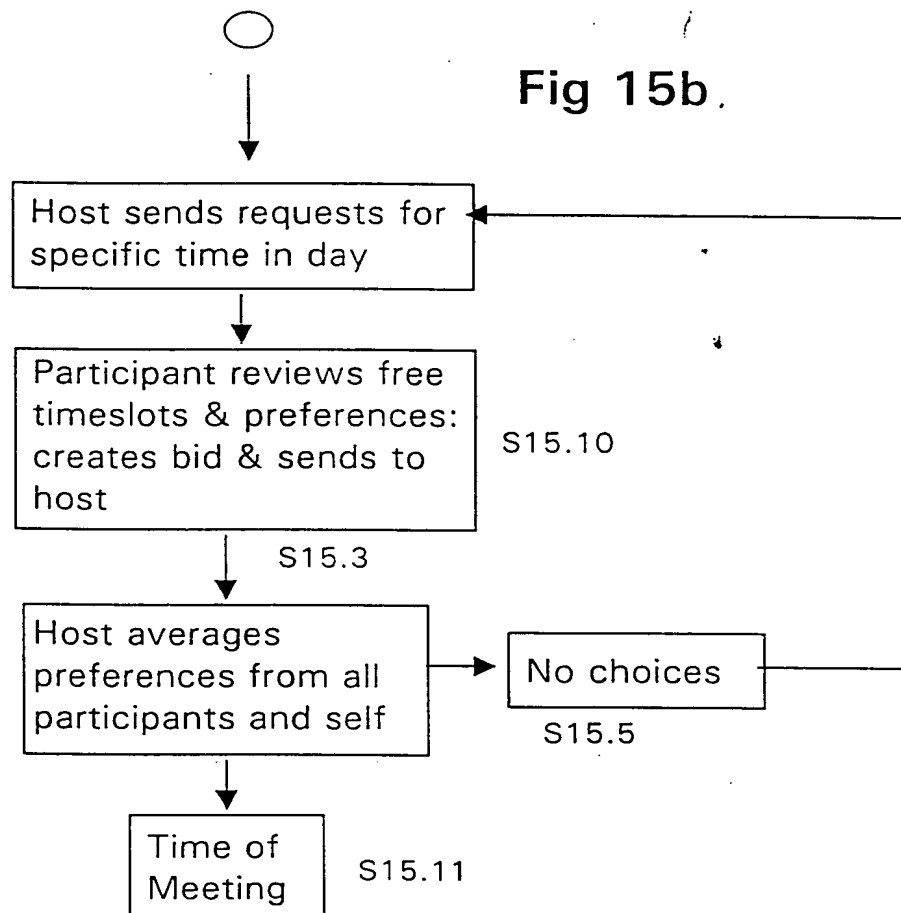
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Fig 15a



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Fig 15b.



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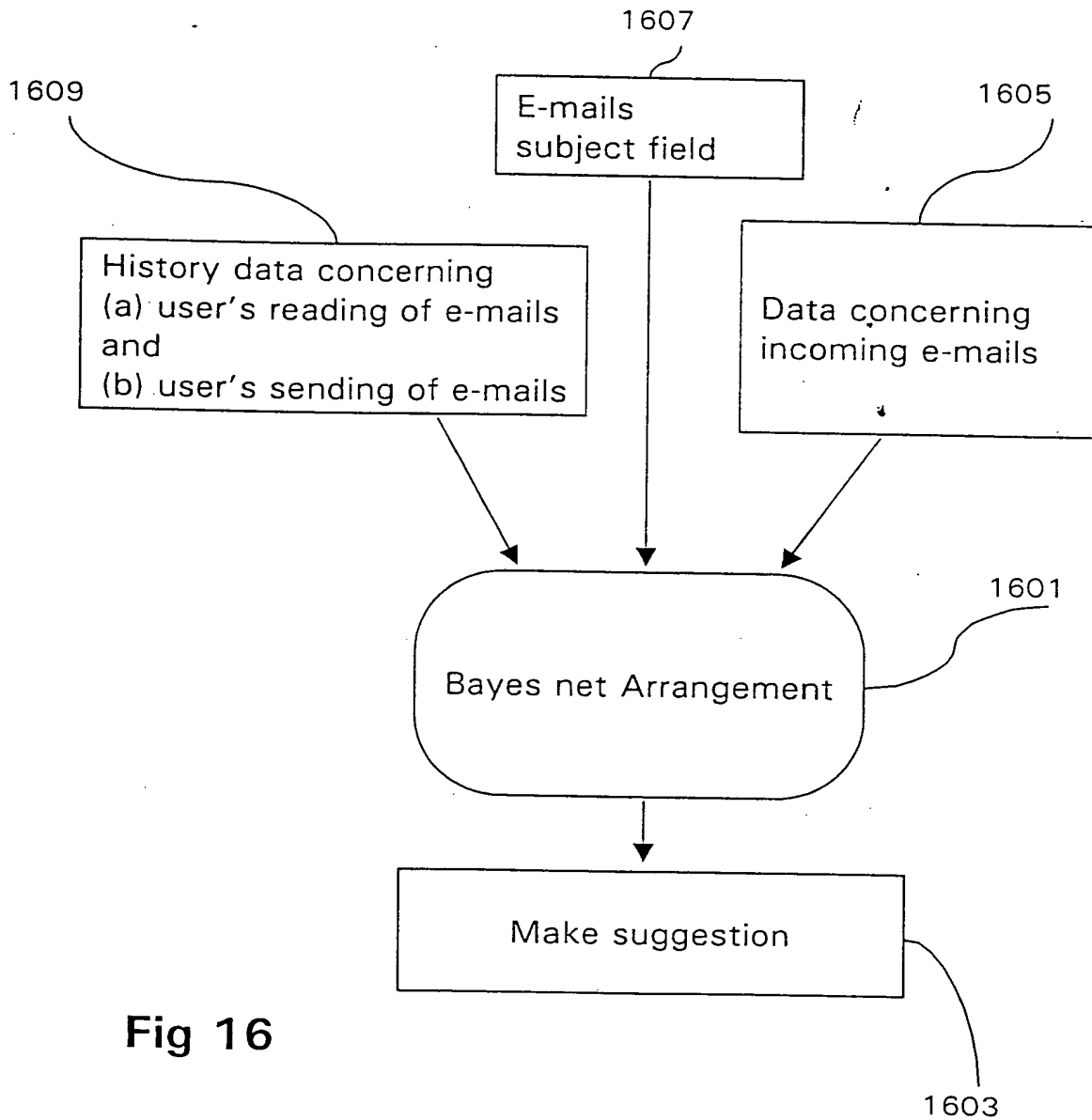
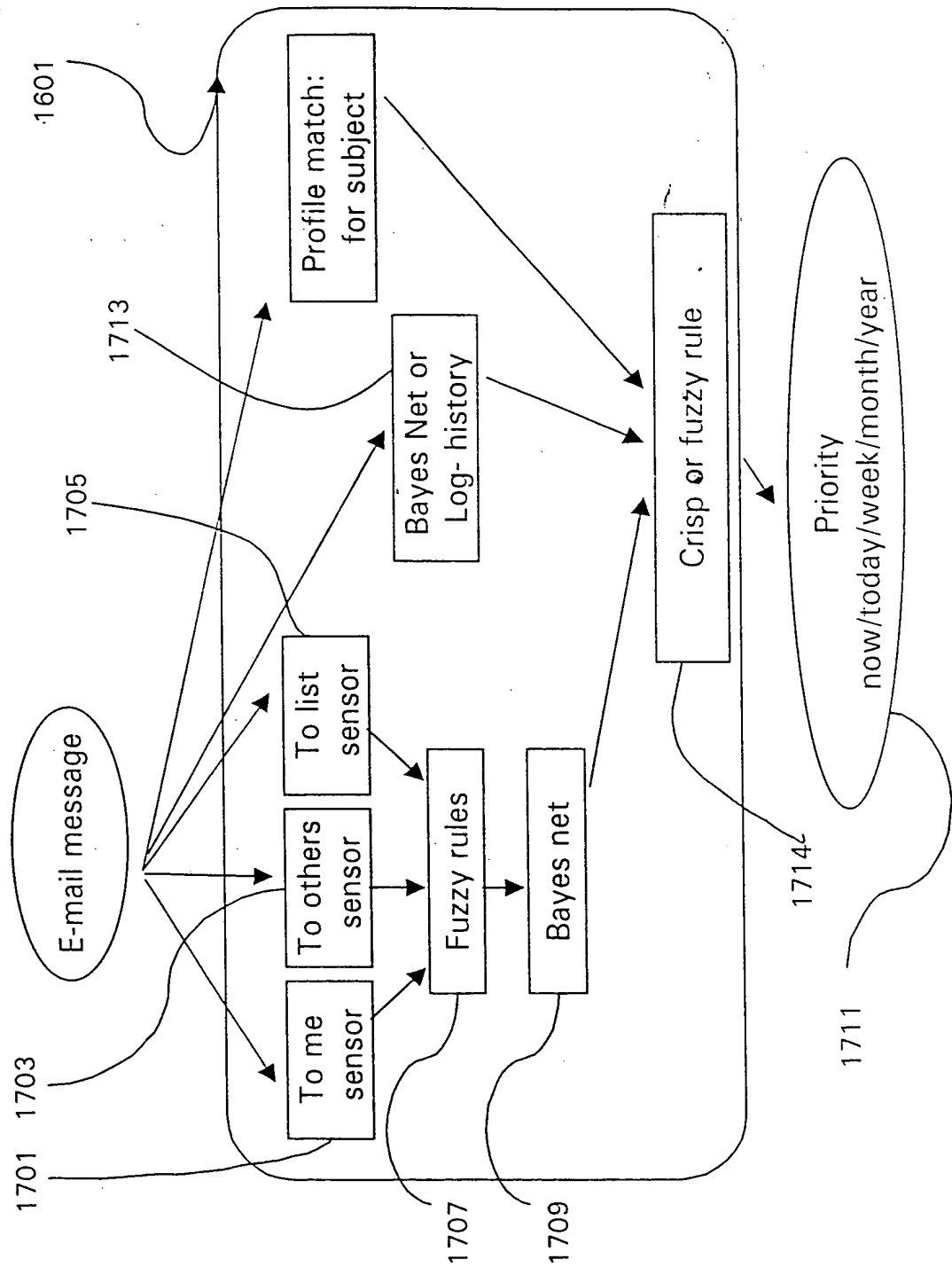


Fig 16

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Fig 17a



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Fig 17b

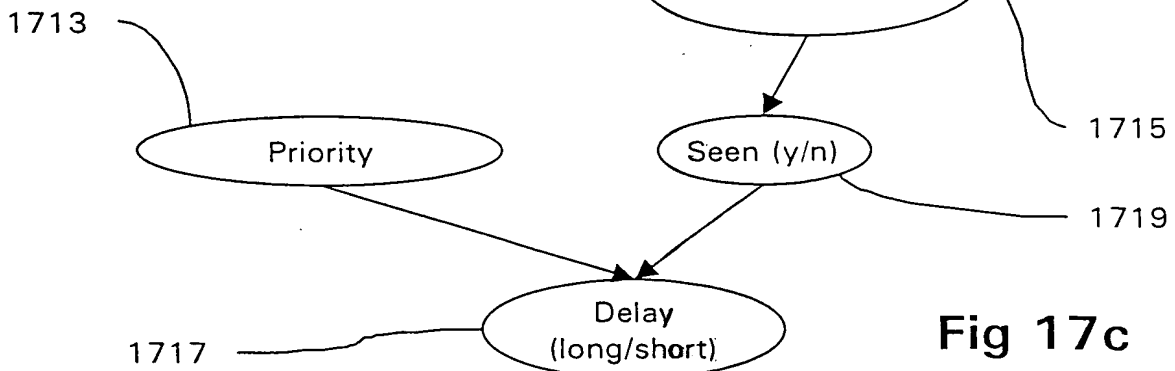
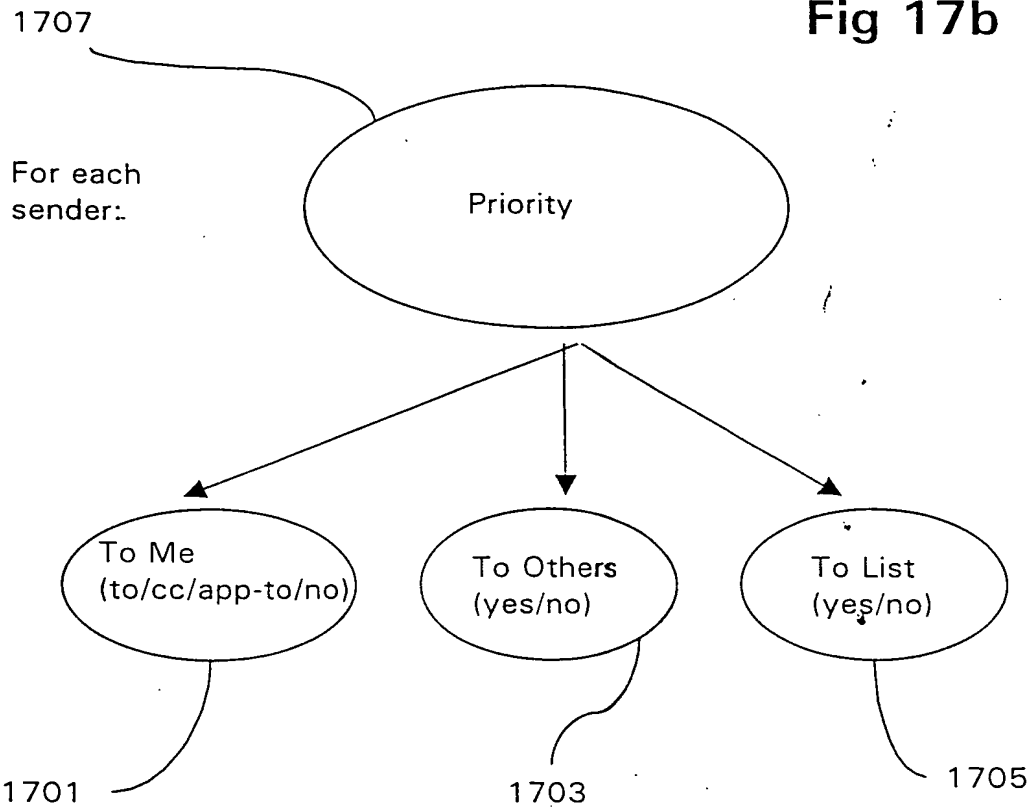
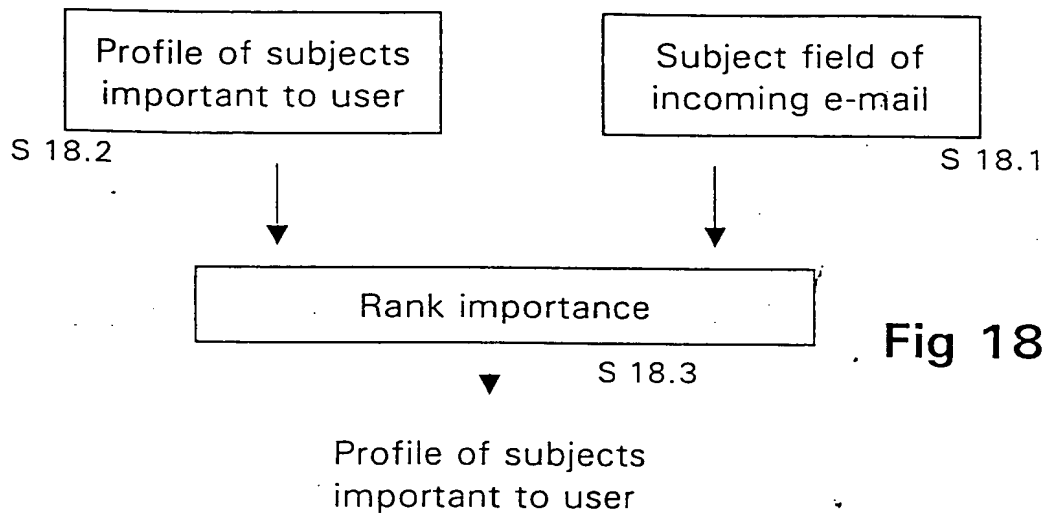
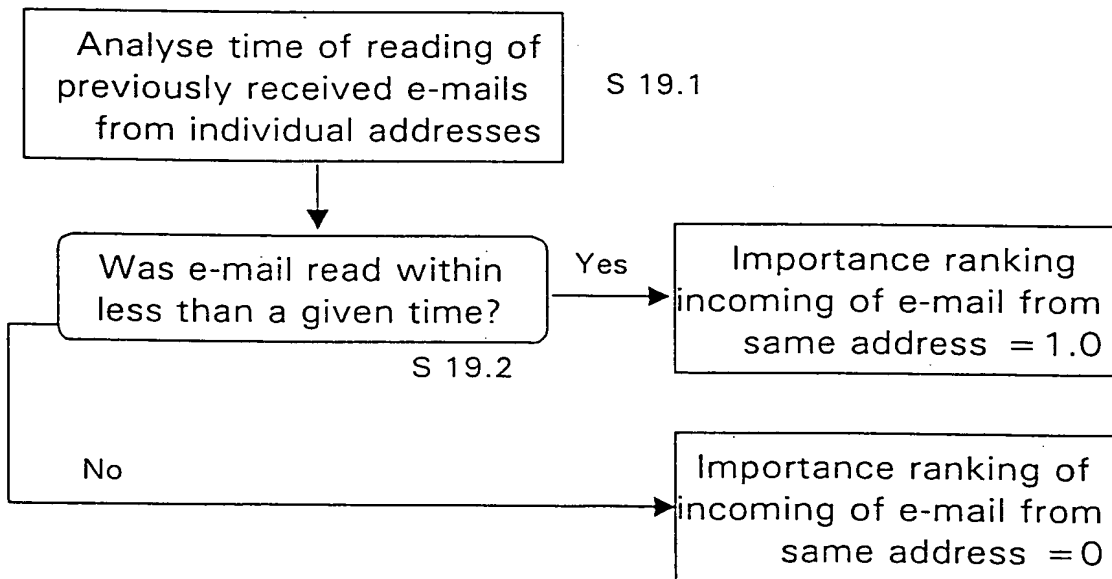


Fig 17c

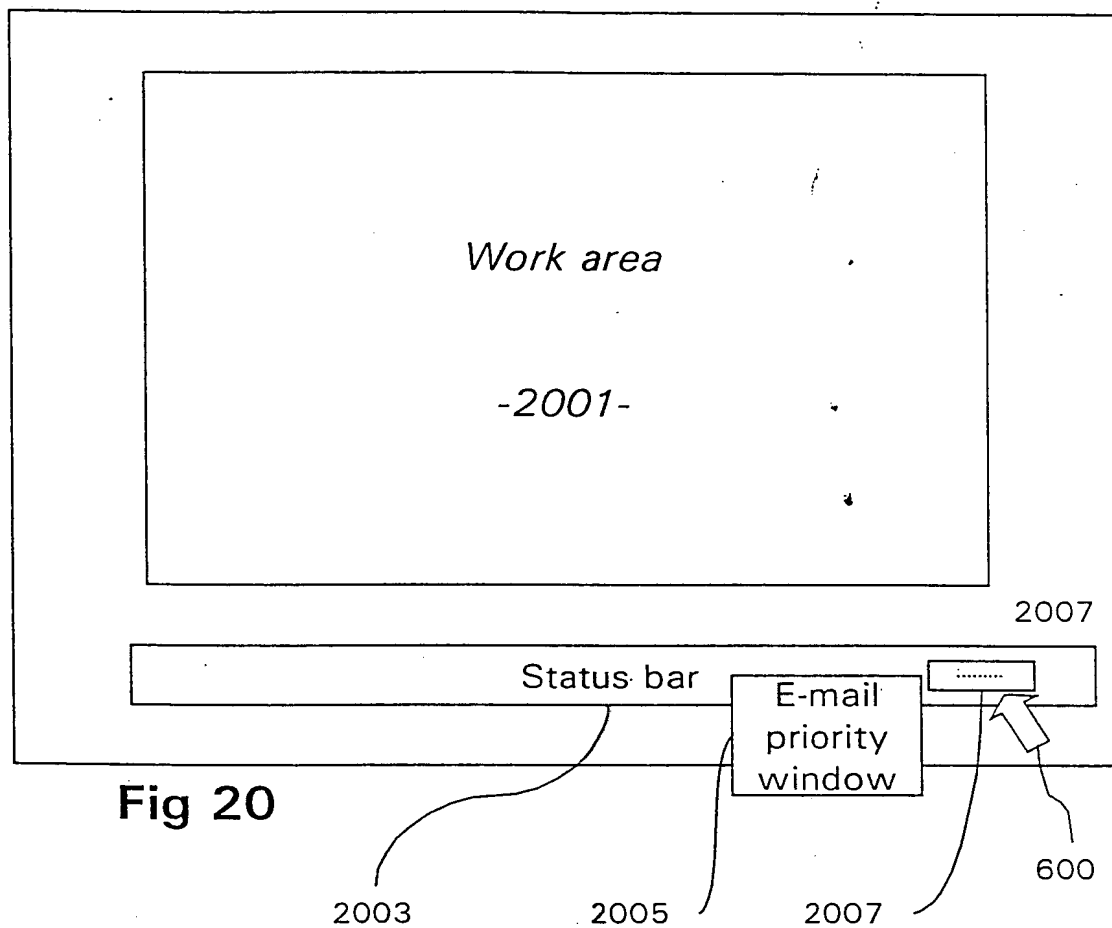
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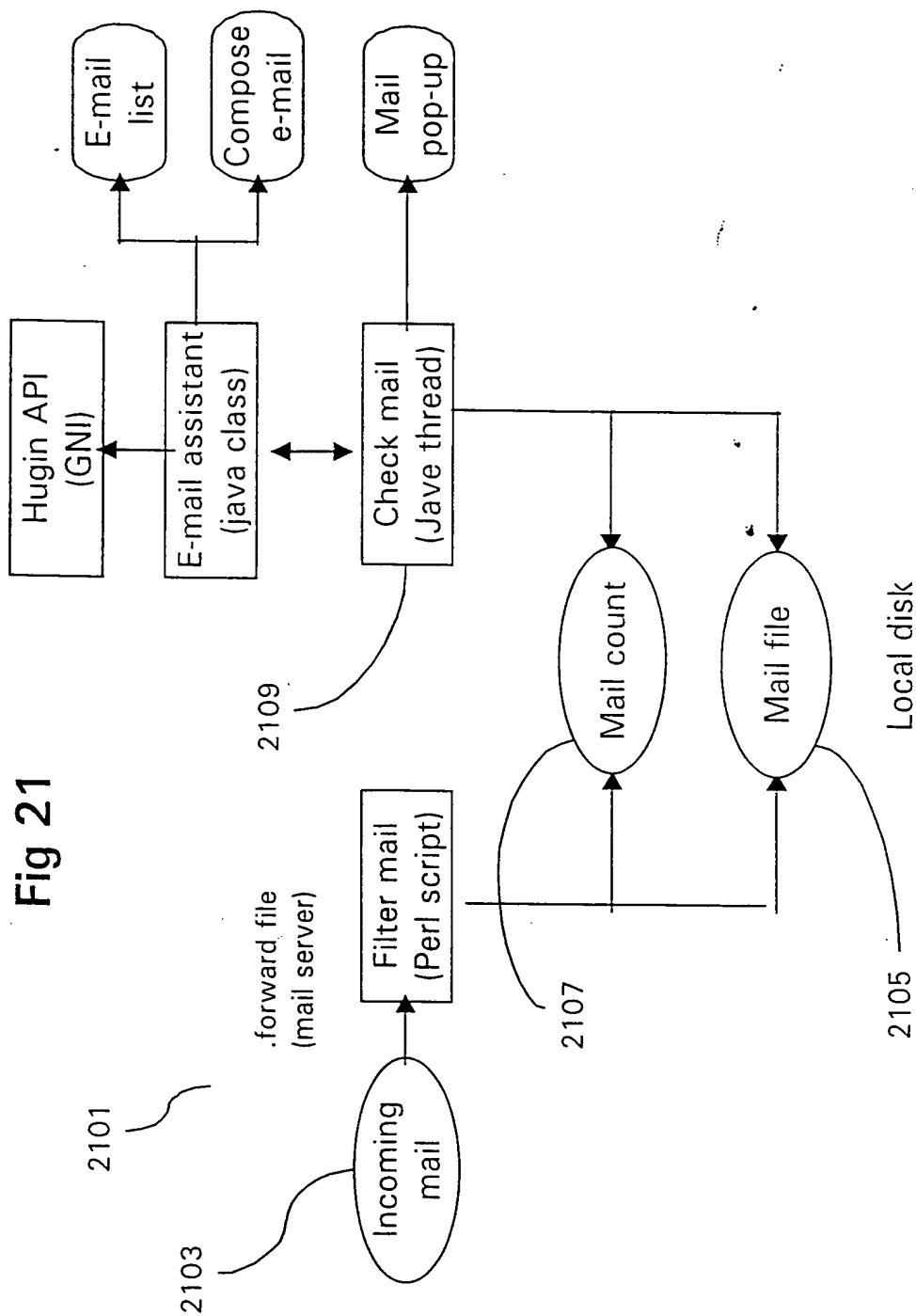
Monitor history of reading
previously received e-mails



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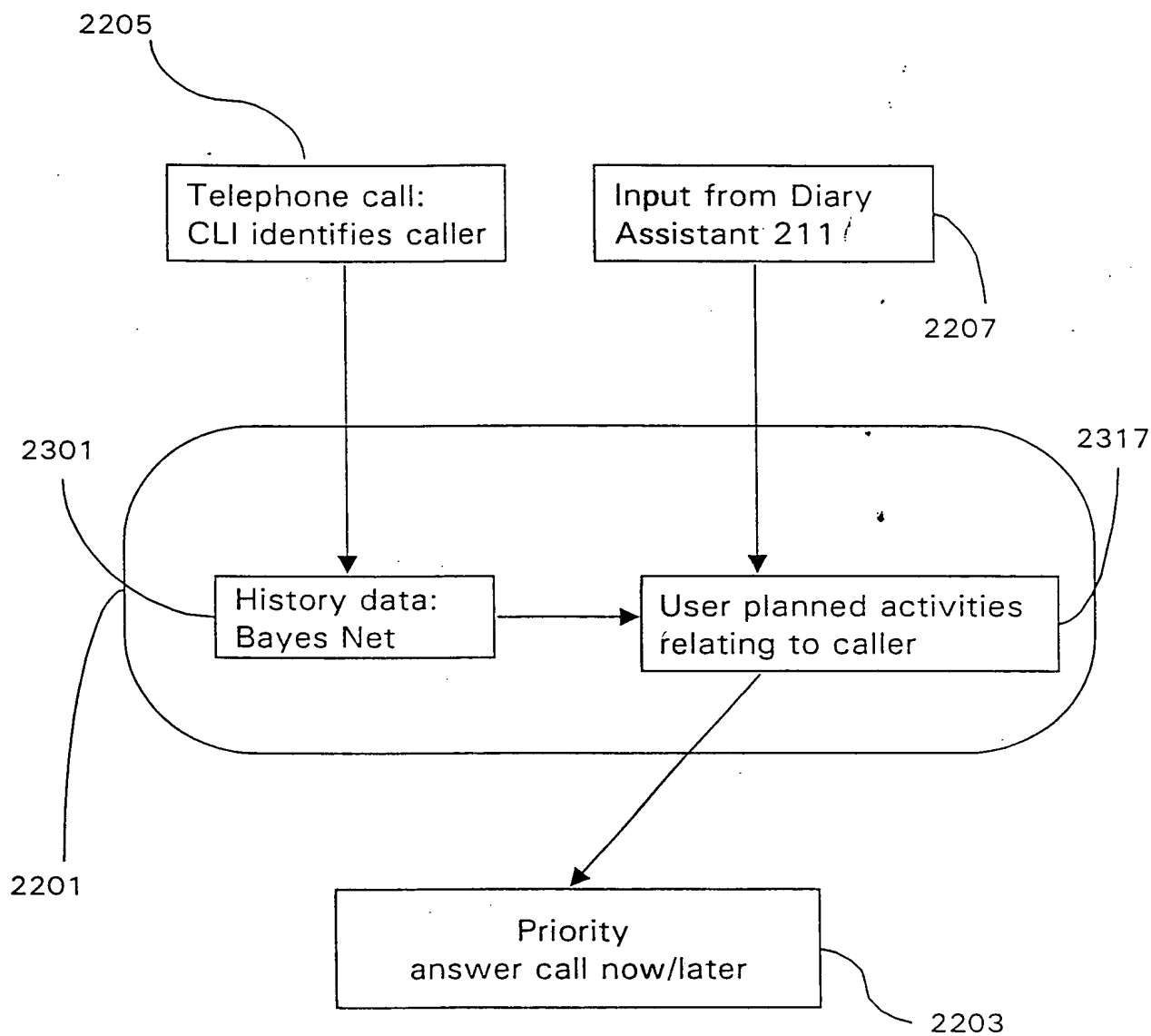


Fig 22

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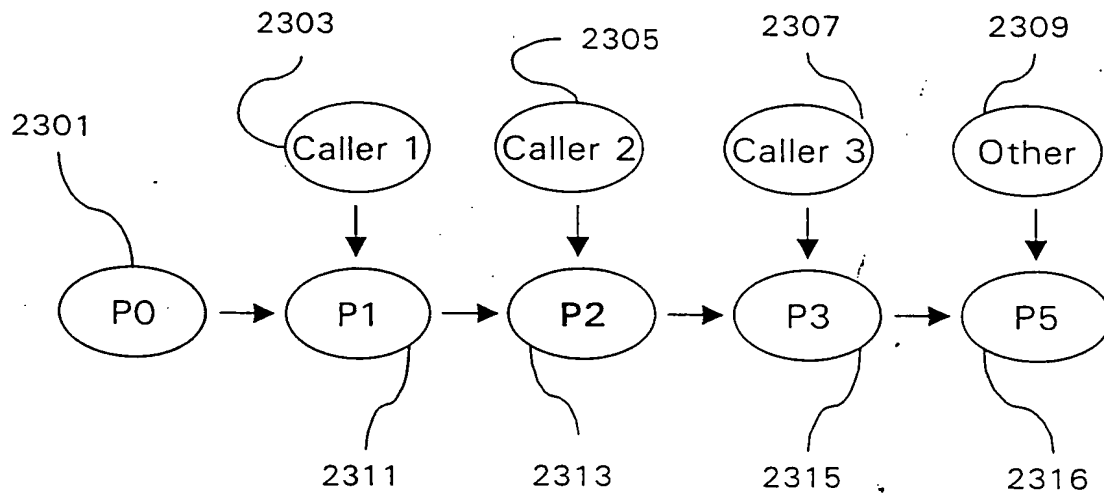


Fig 23a

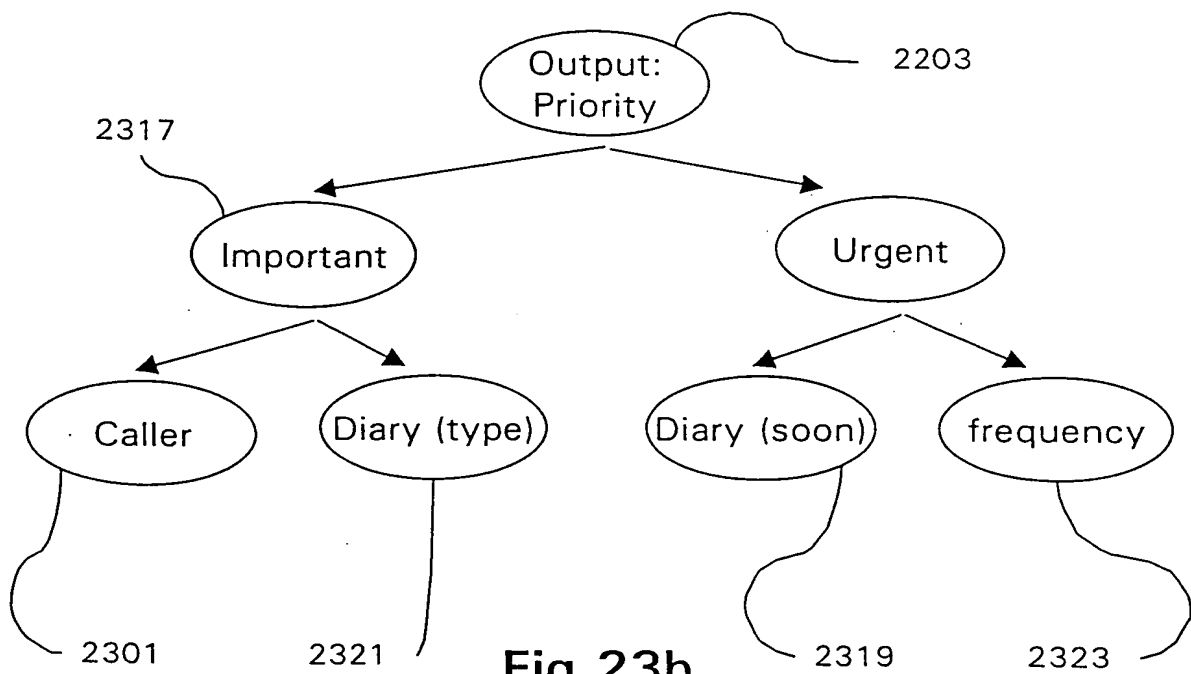


Fig 23b

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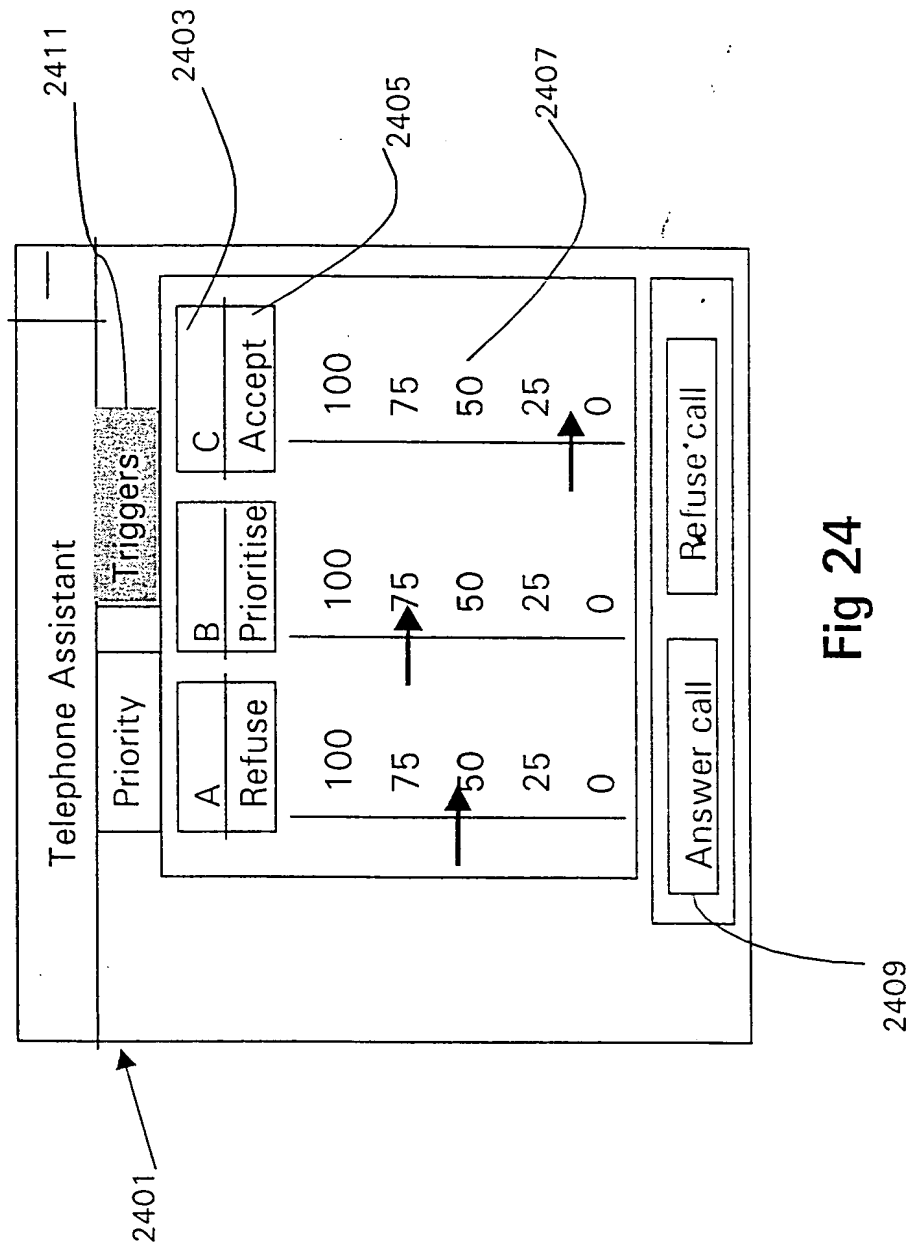


Fig 24

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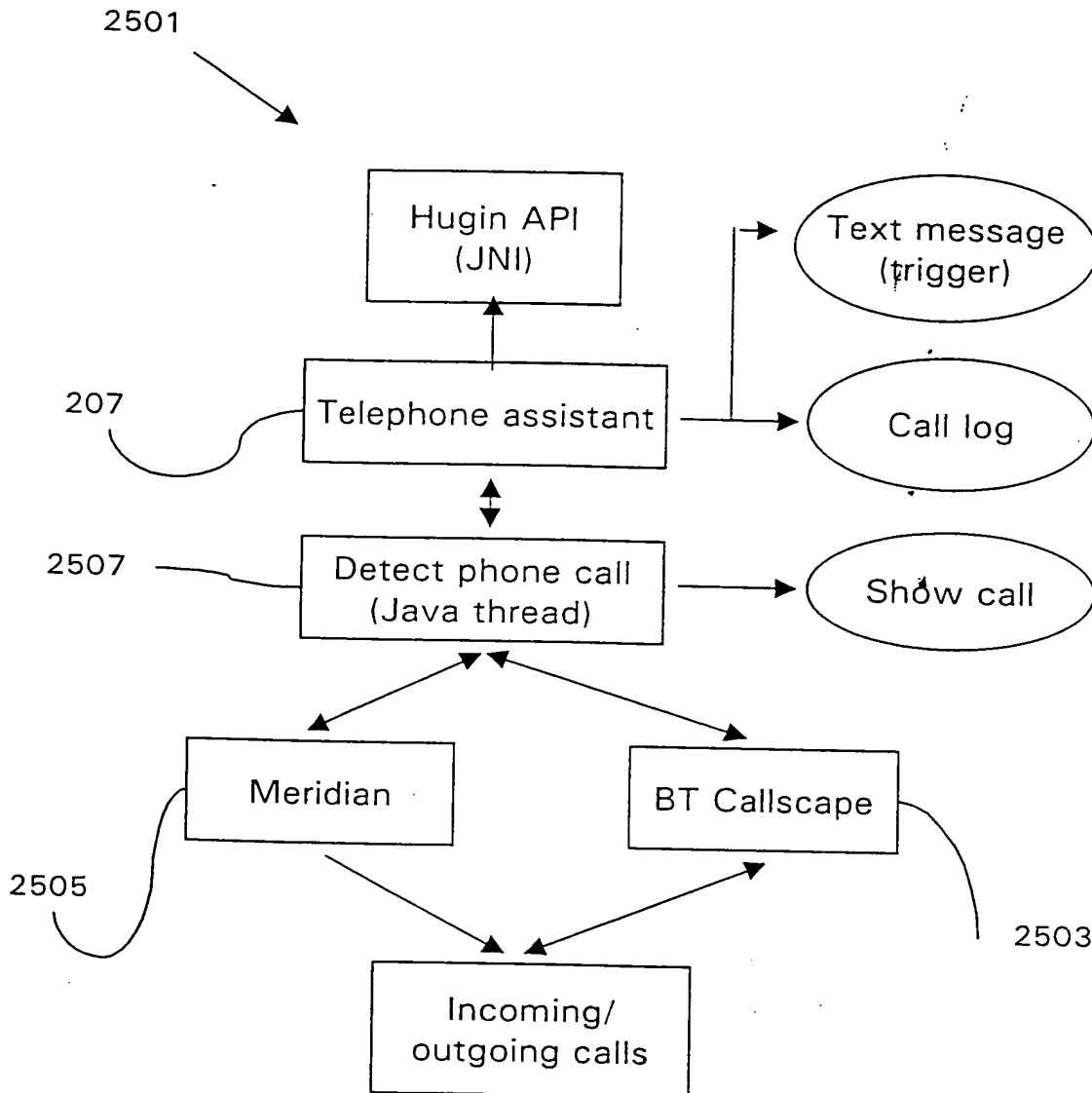
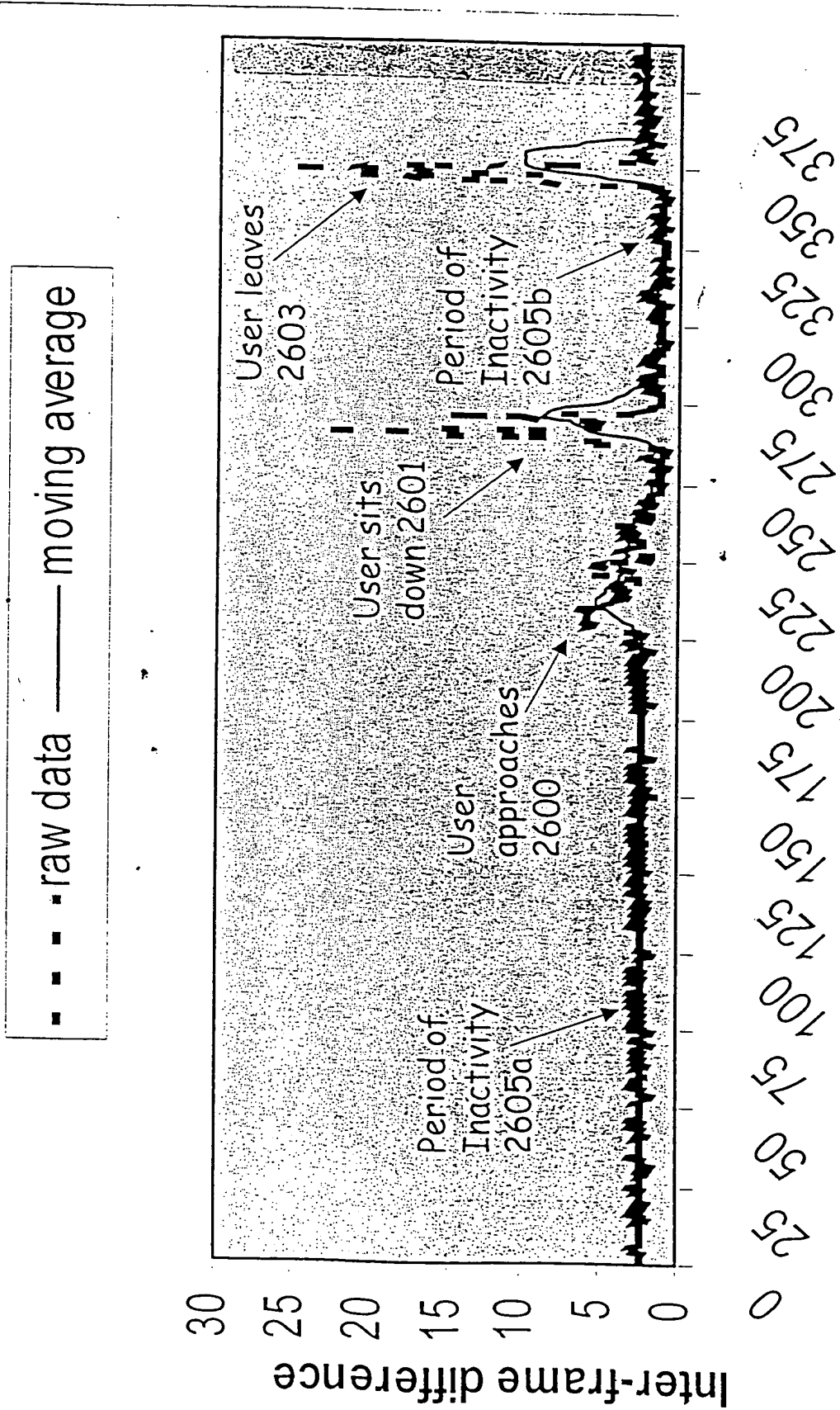


Fig 25

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Time Step Fig 26

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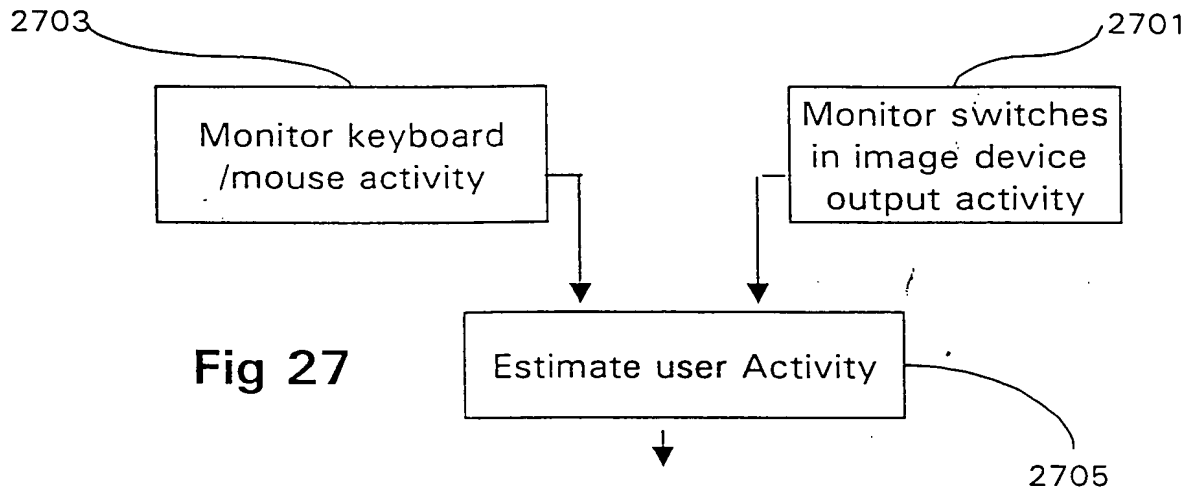
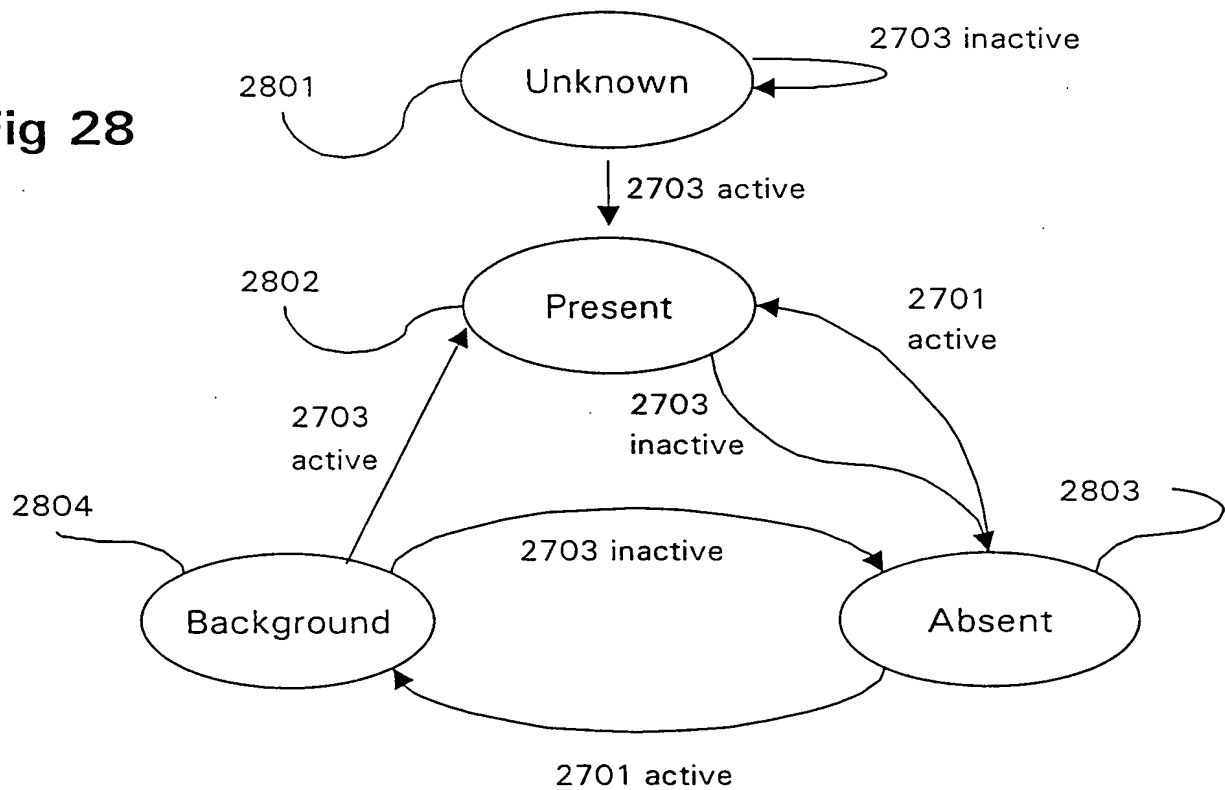


Fig 28



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Monitor stress level of user

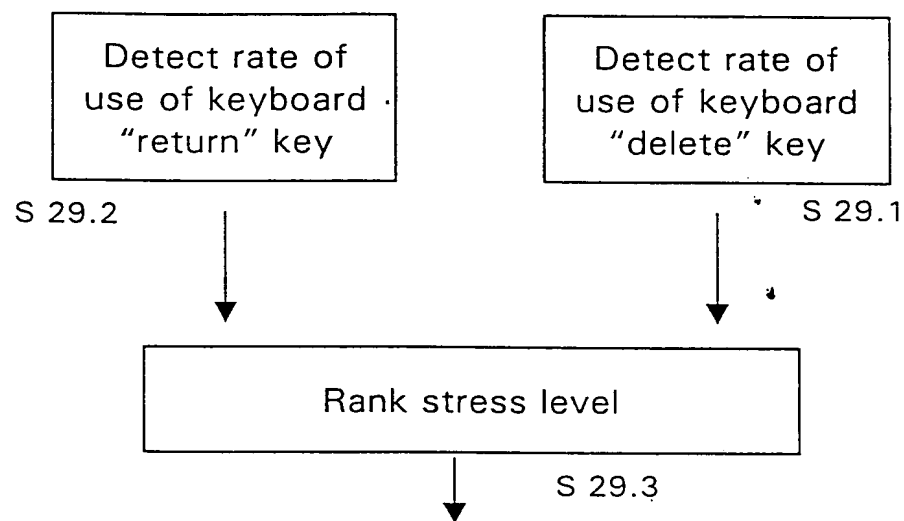


Fig 29

Fig 30

